

# ANGELA ALLEN

## FAMILY CAREGIVER & ADVOCATE

Reliable & Proactive Professional Skilled in Caregiving, Documentation, and Collaborative Work

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### CONTACT

Fountain, Colorado

270-871-7072

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### SKILLS

- Punctuality & Consistent Attendance
- Clear & Compassionate Communication
- Team Collaboration & Support
- Detailed Reporting & Documentation
- Following Complex Instruction Precisely
- Adherence to Strict Safety Protocols
- Ability to Work Effectively in Fast-Paced Environments
- Handles Responsibilities with Minimal Supervision
- Basic Computer Skills & Data Entry
- Electronic Record Keeping
- Time Management & Task Prioritization
- Careful Monitoring & Observation

### EXPERIENCE

#### PROFESSIONAL DEVELOPMENT & CONTINUING

2024-

#### EDUCATION

CURRENT

Maintaining and enhancing clinical competency through ongoing study and preparation for a return to active practice

#### LPN CHARGE NURSE,

2020-2024

#### HAMILTON POINTE, NEWBURGH, IN

As a Charge Nurse on a Long-Term Acute Care (LTAC) unit, provided comprehensive clinical leadership and direct patient care. Managed medication administration, complex wound care including VAC therapy, and enteral feeding systems. Supervised and directed a team of Certified Nursing Assistants (CNAs), ensuring the delivery of high-quality, compassionate patient care while overseeing daily unit operations.

### EDUCATION

#### PRACTICAL NURSING DIPLOMA – MADISONVILLE

2000

#### TECHNICAL COLLEGE

*Practical Nursing, Pharmacology, Anatomy & Physiology, Patient Care Skills*

### RELEVANT EXPERIENCE

- Provided dedicated, one-on-one care and support for three grandchildren on the autism spectrum, tailoring approaches to meet their individual needs.
- Developed exceptional patience, de-escalation techniques, and the ability to remain calm and effective in stressful situations.
- Closely monitored and documented behaviors, needs, and progress to assist parents and other caregivers